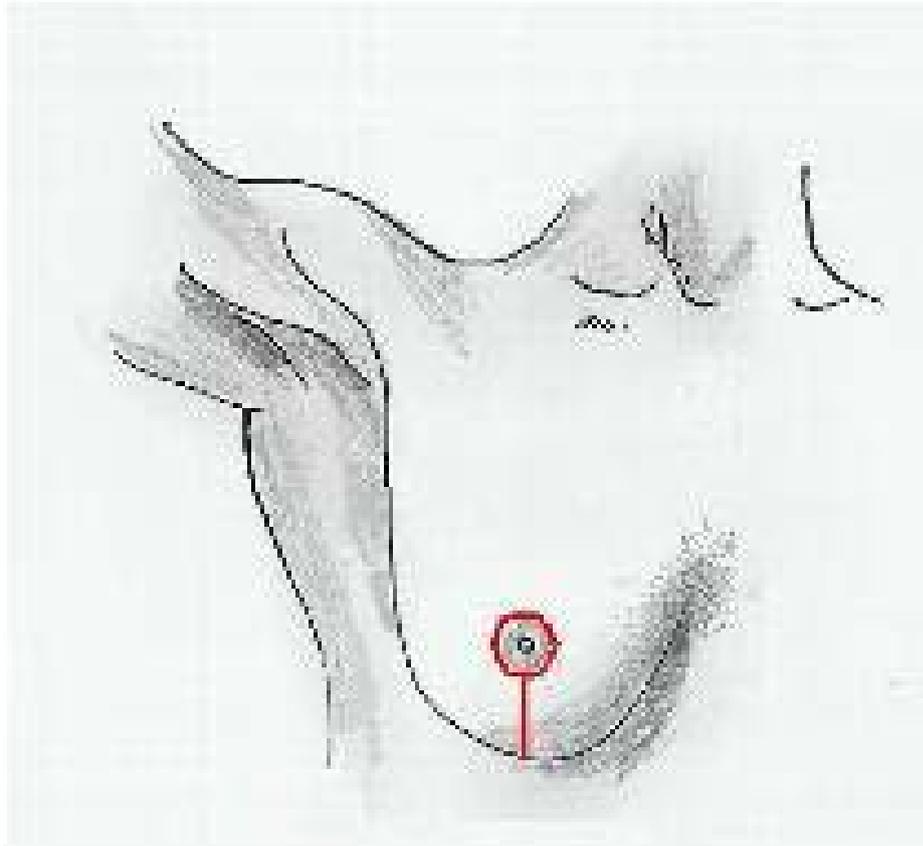
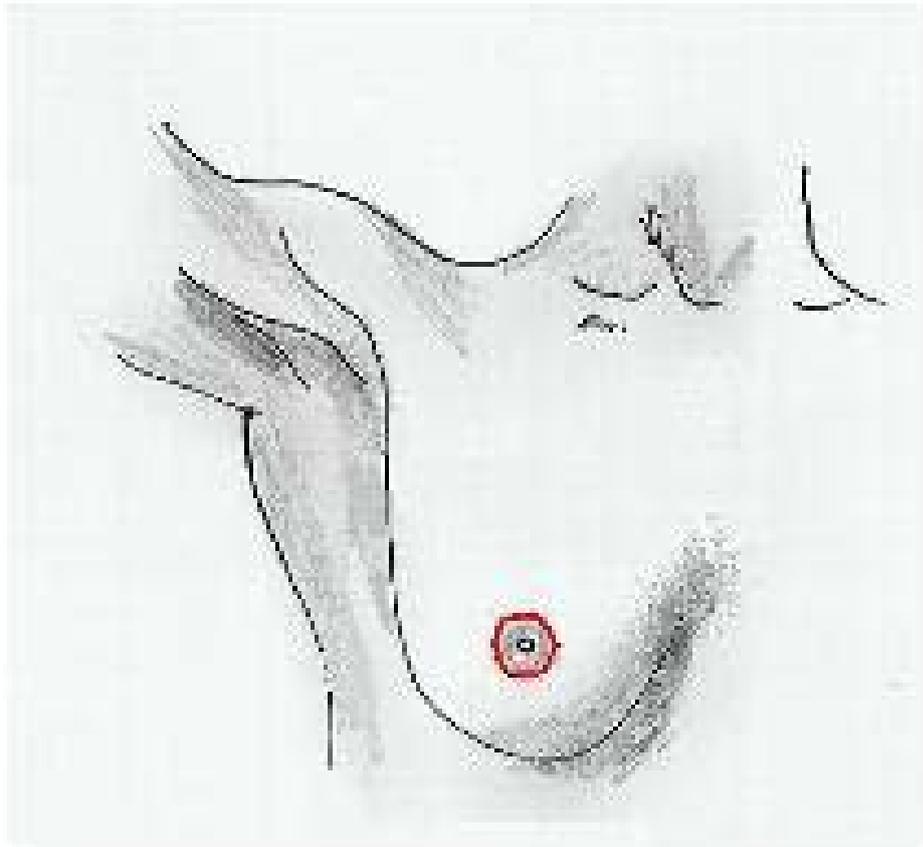
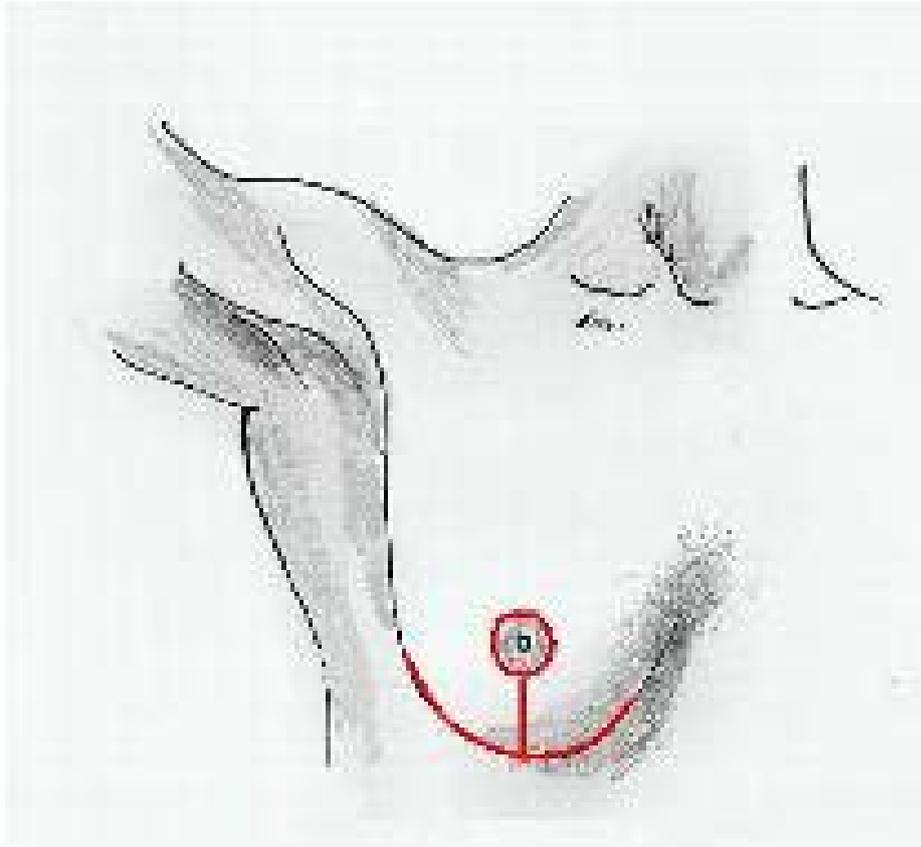


Breast uplift lifts the breasts without reducing their size. This can be done on its own or with a breast augmentation.

The scars from a breast uplift depend on the degree of droopiness of the breasts:

- Around the nipple for a small droop
- Around the nipple and down the front of the breast for a medium droop
- Around the nipple, down the breast and under the breast for medium to large droop





Barbara Jemec will discuss and explain the best option for you with you at the consultation.

Breast uplift is performed under General Anaesthesia and takes approximately 2 ½ hours. You will have a drain (thin plastic tube to drain away excess tissue fluid) from each breast, which is removed the next day. You are advised to stay in overnight after a breast uplift and you will have painkillers and antibiotics to take home.

The wounds are taped and you are advised to wear a supportive sports bra for the next 6 weeks, during which time you should avoid vigorous exercise.

You are advised to bring a pillow to cushion you from the seatbelt, when you leave the hospital in a car, but remember you will not be able to drive yourself for at least two weeks.

You will not be able to lift heavy objects for at least two weeks after the operation.

Depending on your job you should take 1-2 weeks off work.

The potential complications from breast uplift surgery are:

- A bleed in the breast which necessitates your return to theatres for the blood to be removed
- Bad scars (you will have scars but they are usually not bad)
- Infection

- Wound dehiscence (the scar opens, usually minor and is allowed to heal before a scar revision)
- Nipple loss (Definitely if you are a smoker. Otherwise it depends on how far up the nipple needs to be moved)
- Altered nipple sensation or even complete loss of sensation
- Asymmetry