Liposuction is an operation to remove excess fat from stubborn areas of the body and neck.

The scars from a liposuction are tiny and placed in inconspicuous places

Liposuction is performed under Local or General Anaesthesia, depending on the area and amount involved. You can go home the same day or stay in overnight and you will have painkillers and antibiotics to take home. You will be bruised and swollen for the first couple of weeks and it is important that you wear a supportive garment for the first 6 weeks during which time you should avoid vigorous exercise. Depending on your job and the areas treated you can either go back to work the next day or take a couple of days off work. Gentle massage of the area starting day two enhances the result, but you will only see the final result after 3-6 months.

The potential complications from liposuction are:
• Bad scars (you will have scars but they are usually very fine)
• A seroma (a collection of the fluid component of blood under the skin, which is easily drained as an outpatient)
• A bleed in the area (very rare)
• Infection
• Irregularities